IMEC (Marie Cobel) with “Friends”
September 19, 1984

Session 22: How Learning Can Go Wrong

Summary: During the learning process, a child may misinterpret a word and have feelings that are not associated correctly. This leads to inappropriate or unexpected reactions later in life. In addition, the subject may have autopilot actions where they are doing something without knowing why they are doing it. The frustration and loss of control then can lead to a physical manifestation such as illness. The solution to these situations is to become the observer and gain awareness of these actions then apply conscious and focused attention to modify thinking.

Report by Daniel Erickson